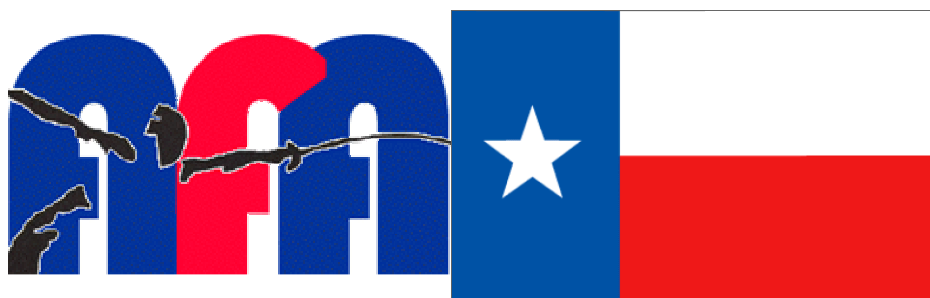


2009 Summer Super Camp



Houston, TX
June 22-26, 2009
John H. Reagan High School
\$350.00 Per Fencer

You may attend this camp ONLY if you are going to Summer National Championships. All ages and all genders.

Housing: Houston Residents Houses. Please talk to Andrei Samorodov for more information.

Coaches:



Andrey Geva:

Alliance Fencing Academy

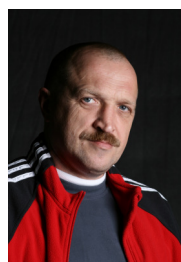
2006 USFA Developmental Coach of the Year.

Coach of 2007 US National Team Champions

Developed 12 USA National Champions and North American Cup Winners, 15 "A" rated fencers and more than 30 nationally ranked fencers.

2004-present Alliance Fencing Academy, head coach and owner

2003-2004 Chairman of the Gulf Coast Division (US Fencing Association)



Andrei Samorodov:

Alamo Fencing Academy

2008-present: Vice-President, South, US Fencing Coaches Association

2003-present: head coach, Alamo Fencing Academy

2001 - 2003: fencing coach, Palo Alto College Fencing Center

Developed more than 25 Nationally Ranked Fencers.

Developed more than 20 top 8 medalists in SYC, NAC, Nationals.

Coaches and students from different clubs and cities will be participating. Sign up NOW! **Super Camp**
2009

The Best Way To Prepare Our Students For **2009 Summer National Championships**

The camp will be dedicated to repetitive bouting experience to develop stamina and fencing experience. Fencers will have not less than 30 bouts daily. Will cover all aspects of your special training peaking with the 2009 Summer National Championships. We will focus on general and individual fencing strategy and technique, on psychological and mental preparation, and on athletes nutrition.

The camp will include:

- € **practice and competitive fencing bouts (at least 3 hours daily)**
- € **fencing bouts with different missions and tasks**
- € **bouts monitoring**
- € **fencing strategies & technique**
- € **intensive foot work & blade work**
- € **stretching & coordination exercises**
- € **general & special fitness exercises**
- € **fencing videos reviews**



**Top USA Women's and Men's Fencers.
All Ages. From different clubs and Cities.**

**Junior Olympic Medalists
NAC Medalists
National Medalists
International Medalists
USA National Team**



Registration Form
2009 Super Camp
Houston, TX
Alamo Fencing Academy
June 22-26
Fee: \$350.00

Student name: _____

Age: _____ Gender: M , F (circle one)

Address: _____

Home phone: _____ Cell: _____

E-mail: _____

Parent name: _____

In case of emergency please call: _____

Years Fencing _____

Club _____

Coach _____

Alamo Fencing Academy is a member of the United States Fencing Association (USFA) with its certified insurance.

_____ (Initial) **WAIVER OF LIABILITY**

Upon entering events sponsored by the USFA and/or its member Alamo Fencing Academy I agree to abide by the rules of the USFA, as currently published (www.usfencing.org). I understand and appreciate that participation in a sport carries a risk to me of serious injury, including permanent paralysis or death. I voluntarily and knowingly recognize, accept and assume this risk and release the USFA and Alamo Fencing Academy, their members, owners, employees, sponsors, co-sponsors, event organizers, coaches, volunteers, and officials from any liability.

Fencer/Parent signature _____

Date: ___/___/___

(parent signature required for fencers under 18)

Please mail checks made payable to Andrei Samorodov or Alamo Fencing Academy to 961 Isom Rd., San Antonio, TX, 78216

LOCATION OF CAMP:

**John H. Reagan High School
413 East 13th Street
Houston, Texas Texas 77008**